



Pray, Praise & Give Thanks

Everyday FAITH Family Page

Law/Gospel

According to my sinful nature, I quickly forget God’s promises and power. When I think I lack food, money, a good job, or other First Article gifts included in “daily bread,” I am tempted to think that God either does not love me, does not care, or can’t provide what I need. **In Jesus, God came in the flesh to lead me out of slavery to sin to be with Him in the promised land of heaven. He promises He will never leave me or forsake me, but will supply all that I need.**

Bible Words

The eyes of all look to You, and You give them their food in due season. You open Your hand; You satisfy the desire of every living thing. Psalm 145:15–16

Lord’s Prayer Connection

The Fourth Petition

Give us this day our daily bread.

God Provides Manna and Quail

Exodus 16

Have you ever felt really hungry, so hungry you might even consider heating something like a cow tongue or chocolate-covered ants?

The children of Israel had just come through the Red Sea on dry land, and now found themselves in the midst of a barren desert. With no source for food or water, the Israelites might have even been tempted to try some of your worst food nightmares.

God heard the cry of His people and sent them manna and quail to eat. God told the people to gather just what they needed for each day. They learned to trust God to provide for them day by day.

Our Lord provides our daily bread as well. While our daily bread does not fall down directly from heaven, its reality is no less miraculous. Consider all of the work required just to deliver one loaf of bread to your local market. From the farmer who plants and gathers the seed, to the mill, bakery, and delivery driver, our Lord uses people of many different vocations to provide all that we need.

Family Faith Talk

“Give us this day our daily bread.” God provided for His people in the wilderness. God gives us what we need too. Read picture books as a springboard to talk about God’s care. Read *Cloudy with a Chance of Meatballs*, and talk about how funny it would be if God did rain down meatballs from heaven; then reflect on all the ways He does care for us. Read *How Can I Help? God’s Calling for Kids* by Mary J. Moerbe to talk about how God cares for us through one another. How will God use you this week to care for others?

Prayer

Dear Father in heaven, You give us all good things. You promise to daily provide what we need. Our entire life and the lives of all people depend on You. Give us thankful hearts for all that You provide. Help us to trust in You to always take care of us. In Jesus’ name we pray. Amen.

